



PRE-FIXED BREAKFAST \$15*

Served w/ complimentary HTG Monkey Bread

Fresh Organic Quencher (Choose one)

Fresh squeezed orange juice

Sunrise Smoothie

Bottomless Brewed Organic Coffee

Starters (Choose one)

Cup of cheddar grits

Cup of Greek yogurt with fresh berries & honey

Main Course (Choose one)

Southern Cornbread:

Cornbread, topped w/ bacon, eggs and cream served with your choice of meat (nitrate-free bacon, turkey bacon, chicken apple sausage or Italian chicken sausage).

Vegan Hash

Sweet Potato Divines sauteed w/ broccoli, red onion, brussels sprouts, jalapeno and avocado.

Strawberry Cream Crepes

Crepes stuffed w/ cream cheese icing filling, berry compote and topped w/ whipped cream. Served with your choice of meat (nitrate-free bacon, turkey bacon, chicken apple sausage or Italian chicken sausage).

Choco-Nutty Banana Crepes

Crepes stuffed w/ banana and Nutella and topped w/ whipped cream. Served with your choice of meat (nitrate-free bacon, turkey bacon, chicken apple sausage or Italian chicken sausage).

* No Substitutions.

Ask your server about menu items that are cooked to order. Consuming undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

PRE-FIXED LUNCH \$18*

Served w/ complimentary HTG Monkey Bread.

Fresh Organic Quencher (Choose one)

Fresh squeezed orange juice

Sunrise Smoothie

Bottomless Brewed Organic Coffee

Starter (Choose one)

Green side salad w/ choice of dressing.

Choice of soup.

MAIN COURSE (Choose one)

Grass Fed Philly Steak Sandwich

Grass fed flank steak on a hoagie bun topped w/ sautéed peppers, onion, mushrooms, swiss cheese. Served w/ your choice of coleslaw, redskin divines or sweet potato divines.

(Substitute cottage cheese 1. Substitute truffle-bacon-onion potatoes, small green salad or fruit cup 1.5)

Cajun Shrimp Pasta

Whole wheat linguine noodles tossed w/ shrimp, garlic, Cajun seasoning, gouda, parmesan, cream. (Gluten-free pasta available for additional \$1.)

Buffalo Chicken Salad

Mixed Greens topped w/ celery, carrots, onion, tomato, blue cheese, avocado and buffalo chicken. Served w/ your choice of dressing.

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